

Recommended Schedule for a First Time Applicant:

Monadnock Expandable Baton BASIC COURSE Curriculum

Minimum 4-Hour Training Day:

Introduction - 5 mins. (0800-0805)

- Agency Trainer Introduction
- Objective of MEB Basic Course Certification
- MEB Basic Course Paperwork and Course Safety Rules

Definitions & Baton Nomenclature 5 mins. (0805-0810)

- Strong: Hand, Foot and Side
- Support: Hand, Foot and Side
- Long End
- Long Portion
- Grip Portion
- Grip End
- Baton Opening & Closing Procedures

Department Use of Force Policy/ Resistant-Response Model 15 mins. (0810-0825)

Monadnock Baton Chart 15 mins. (0825-0840)

Stance & Patterns of Movement 15 mins. (0840-0855)

- Stance (and Balance)
- Shuffle: Forward and Rear
- Pivot: Forward and Rear
- Sidestep: Strong and Support

Baton Grips & Baton Methods of Carry 5 mins. (0855-0900)

- Grip: One-Hand and Two-Handed
- One-Hand Carry: Vertical and Outside-the-Arm
- Two-Handed Carry

Baton Draws 5 mins. (0900-0905)

- Cross Draw
- Strong Side Draw

Two-Handed Blocks 30 mins. (0905-0935)

- High Block
- Strong-side Block
- Support -side Block
- Middle Block
- Low Block

One-Hand Strikes 10 mins. (0935-0945)

- Forward Strike
- Reverse Strike

BREAK 15 mins. (0945-1000)

Two-Handed Strikes 20 mins. (1000-1020)

- Jabs: Front and Rear
- Horizontal Strikes: Strong-side and Support-side
- Middle Strike

Baton Retention 20 mins. (1020-1040)

- 1 or 2 Hand Grab Defense for One-Hand Grip
- 1 or 2 Hand Grab Defense for Two-Handed Grip

COMPULSORY EXAMINATIONS FOR MEB BASIC COURSE CERTIFICATION

MEB BASIC COURSE INSTRUCTOR ADMINISTERS THESE TESTS:

MEB Basic Course Proficiency Test 40 mins. (1040-1120)

- Passing Score – ACCEPTABLE rating on each technique listed on the MEB Basic Course proficiency test check sheet

MEB Basic Course Written Test 40 mins. (1120-1200)

- Passing score is at least 70 percent
- Minimum number of questions is 15